

Roots Breakfast Menu

Monday-Friday 6:00-10:00
Saturday-Sunday 7:00-11:00

Roots Low-Carb Breakfast Plate · 10

Choice of Apple Wood Smoked Bacon · Black Forrest Ham · Chorizo or House Cured Sausage
Grilled Tomatoes · Arugula Salad
One Organic Egg any style or Fresh Fruit

Scramblers · 14

(All Scramblers are Made with Two Organic Eggs and Served with Fingerling Potatoes and Toast)

Big D's Hearty Scramble

House Made Sausage · Apple Wood Smoked Bacon · Mushrooms · Vine Ripened Tomatoes

Garden Vegetable

Baby Spinach · Vine Ripened Tomatoes · Mushrooms · Green Bell Peppers

Classic Ham and Cheese

Smoked Breakfast Ham with Choice of Swiss, Sharp Cheddar or Feta Crumble

Breakfast Sandwich · 12

Two Organic Eggs any style with Choice of
Apple Wood Smoked Bacon · Black Forrest Ham · Portobello Mushroom · House Cured Sausage
Topped with Swiss Cheese on Choice of Toast or English Muffin

Breakfast Burrito · 12

Flour Tortilla · Two Organic Eggs · Cheddar Cheese Black Beans and Fingerling Potatoes
Served with Salsa Fresco · Sour Cream and Avocado Relish
Add Chorizo · Apple Wood Smoked Bacon · House Cured Sausage or Black Forrest Ham · 3

Full Breakfast · 12

Two Organic Eggs any style · Fingerling Potatoes
Choice of Apple Wood Smoked Bacon · Black Forrest Ham · House Cured Sausage or Portobello Mushroom
Choice of Toast or English Muffin

Steel Cut Oatmeal · 7

Served with Milk · Toasted Pecans · Black Currants
Add Fresh Fruit · 4

Sides

Fingerling Potatoes · 4
One Organic Egg any style · 2
Roasted Portobello Mushroom · 4
Seasonal Fruit Cup · 4
Toast or English Muffin · 2
Granola and Fresh Seasonal Fruit · 6
Apple Wood Smoked Bacon · House Cured Sausage · Black Forrest Ham · 4